Caregiver's Emergency Preparation Checklist

For Those Who Assist Persons Using Home Ventilators

☐ 1. I have read and understand the Patient's Vital Information for Medical Staff document which the person I support has completed for use in an emergency.

☐ 2. The person whom I support and I have talked through his/her Home Ventilator User's Emergency Preparation Checklist to the satisfaction of both of us.

☐ 3. I have visited the local hospital's Emergency Department and the local Emergency Medical Services facility with the person whom I support. Or, if the hospital is large and very busy, we have simply requested that they upload the Patient's Vital Information for Medical Staff and Treating Neuromuscular Patients Who Use Home Ventilation: Critical Issues into their patient records.

☐ 4. I have read and understand Treating Neuromuscular Patients Who Use Home Ventilation: Critical Issues written for medical professionals.

☐ 5. The person whom I support and I have talked through a handful of emergency scenarios, rehearsing who would do and say what in each case.

☐ 6. I am aware that burnout during a medical crisis of the person I support is a real possibility for me and that a network of support is critical for preventing and/or dealing with this.

☐ 7. I have listed and discussed with the person I support some of the support that I as a primary caregiver may need during his/her medical emergency.

☐ 8. The person whom I support and I have made a list of persons who might become part of this network, e.g., a backup caregiver, friends to visit, neighbors for pet care, family to problem solve and make decisions, a counselor to support me.

☐ 9. To nurture an honest and respectful relationship between us, the person whom I support and I periodically talk about what we need from/can give to each other.

☐ 10. I have notified IVUN that I've completed this checklist and would like to be recognized on IVUN's website and in its newsletter for this accomplishment.

Prepared by

IVUN
International Ventilator Users Network
An affiliate of Post-Polio Health International (PHI)

Funded by

Paralysis Resource Center
Christopher and
Dana Reeve Foundation