

My positive attitude to life:
Living is beautiful !!!



**WE'RE
STILL
HERE!**
www.post-polio.org



Ferdinand
born 1956
struck with Polio 1958

For 45 years spending
the nights in the
so-called Iron Lung,
by day using the
"Frog Breathing"



Since December 2004
using a breathing mask
while sleeping

