

# Promoting Healthy Ideas

A stylized black and white line drawing of the St. Louis skyline, featuring the Gateway Arch as the central and most prominent element. The arch is a thick, dark line, while the buildings behind it are represented by thinner, simpler outlines.

PHI's 11th International Conference

Saturday, May 31<sup>st</sup>, 2014  
Through Tuesday, June 3<sup>rd</sup>, 2014  
Hyatt Regency St. Louis at The Arch

**POST-POLIO HEALTH**  
INTERNATIONAL

POST-POLIO HEALTH INTERNATIONAL  
INCLUDING INTERNATIONAL VENTILATOR USERS NETWORK

# IMPORTANT INFORMATION

## Hotel Information

A block of rooms has been reserved at the site of the conference, the [Hyatt Regency St. Louis at The Arch](#), 315 Chestnut Street, St. Louis, Missouri, 63102. PHI has obtained a discounted rate between May 30 and June 4 for \$119/night plus applicable taxes. Additionally, we have contacted hotels close by and have accessible rooms available in an overflow hotel should the need arise. Individuals registering for the conference may reserve a room online or by phone.



As you all know, there are many people in our group who have mobility problems. PHI will make every effort to meet accessibility needs. Please understand these rooms will be assigned based on essential need, not solely on first come, first served. To help us in this task, you *must* complete a brief survey regarding your accessibility needs and preferences at the time you reserve your room. [Click here to complete the survey.](#)

Reservations at the Hyatt may be made online at <https://aws.passkey.com/event/10634918/owner/988/landing> or by calling 888-421-1442.

## Meals

Lunch will be provided as part of your registration fee on Sunday, Monday, and Tuesday. The Dinner on Saturday evening is not part of your registration

fee. A ticket must be purchased separately on the registration form. Attendees are responsible for their own breakfasts and dinners.

The Hyatt has on premises a Ruth's Chris Steakhouse, Red Kitchen & Bar, Brewhouse, and Starbucks. There are also a number of restaurants within short walking distance of the hotel.

## Parking

Valet parking is available at the Hyatt 24 hours a day and can be charged to your guestroom at the rate of \$20.80 per night. Your vehicle can be retrieved from the motor lobby, which is on level P1 of the attached garage.

The Hyatt allows valet parking only. If your vehicle has modifications that do not allow for valet parking, you will need to park at the Mansion House Garage (see info below).

If you wish to self-park please proceed to the 4th Street entrance of the hotel to unload your luggage then proceed to the following downtown self-parking options:

Mansion House Garage: Located at 330 N 4th St.  
Monday-Friday.....\$8  
Saturday-Sunday.....\$3 / \$5  
Please enter on the south side of Gentry's Landing.  
Per exit/cash only, no in/out privileges.

Kiener East Garage: Located 1.5 blocks from the hotel at 500 Pine St.  
Overnight.....\$20  
No in/out privileges.

Oversized Vehicle/Bus Parking  
S&H Parking: located at Broadway and Clark.  
Please call 314-621-1600 for rates, availability or more information on parking in downtown Saint Louis.

## Airport

Lambert-St. Louis International Airport ([www.flystl.com](http://www.flystl.com); 314-890-1333) is located 11 miles northwest of downtown St. Louis along I-70 between I-170 and I-270 in St. Louis County.

## Transportation

### Shuttle Service

GO BEST Express Airport Shuttle ([www.gobestexpress.com](http://www.gobestexpress.com); 877-785-4682) is located at exit MT12 near Baggage Carousel M2 in Terminal 1 and at exit ET12 by the baggage area in Terminal 2. Shared ride shuttles leave approximately every 15 to 30 minutes between 6 am and 10 pm and begin servicing routes to the airport at 4 am (shuttles outside these hours require reservations). If you require a wheelchair accessible shuttle, it is recommended that you make a reservation and request your special need. They will ensure that the appropriate vehicle will be there to accommodate you. Reservations will guarantee a seat on the van for you and your guests. Shuttles to the airport require reservations. The cost is \$21 for one person one way or \$37 roundtrip.

### Rental Cars

Rental car counters are located in the lower level of Terminal 1 between Doors 12 and 17.

There is also an Enterprise Rent A Car located between Starbucks and the Front Desk at the Hyatt.

### MetroLink

A light rail train system connects the main and east terminals of Lambert International Airport to the downtown area. Hyatt Regency St. Louis at The Arch guests can exit at 8th and Pine Street (hotel is at 4th and Pine St.) just minutes from the hotel. Total travel time is approximately 27-30 minutes. The trains run approximately every 30 minutes from 5:02 am to 12:48 am.

Cost: \$3.50 to/from airport. Not recommended for people with heavy or large amounts of luggage as there is a short walk to the hotel. All other rides on the METROLINK are \$2.00 each way. Metrolink tickets are sold at each stop.

### Taxis

Lambert-St. Louis International Airport  
Terminal 1: Exit Door 14 –to Terminal 1 Garage Yellow Level  
Terminal 2: Exit Door 12

For wheelchair guests, contact Richardson Transportation at 314-725-9111 (prefer 24- hour notice) or Harris Cab (some extra charges may apply) at 314-535-5087 or 314-371-7111. Taxis are approximately \$45.00, each way.

## Additional Services

### Scooter and Wheelchair Rentals

Individuals wishing to rent a scooter should contact Scootaround Mobility Solutions (888-441-7575; <http://locations.scootaround.com/rentals/p/post-polio/>).

### Personal Assistance Services

Individuals needing personal assistance services should contact Kena Johnson at Paraquad, In-Home Services Department (314-289-4203). Paraquad will provide names of pre-screened people who can be contacted for private pay.



## Tax Information

The IRS states that you can include in medical expenses amounts paid for admission and transportation to a medical conference if the medical conference concerns the chronic illness of yourself, your spouse, or your dependent. The costs of the medical conference must be primarily for and necessary to the medical care of you, your spouse, or your dependent. The majority of the time spent at the conference must be spent attending sessions on medical information.

Post-Polio Health International does not offer legal or tax advice and cannot determine which if any sessions may be a medical deduction. Refer to your own tax or legal professional for this information before making a decision about the tax implications of your attendance at any conference

Name \_\_\_\_\_ PHI Membership # (if known) \_\_\_\_\_

Organization/Institution (if applicable) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State/Province \_\_\_\_\_ Zip/Postal Code \_\_\_\_\_

Country \_\_\_\_\_ Email \_\_\_\_\_

Phone: home \_\_\_\_\_ mobile \_\_\_\_\_

**FULL REGISTRATION**

Registration fee includes all conference materials and lunch on any day you attend. The Saturday Dinner must be purchased in addition to your registration fee.

\$ \_\_\_\_\_  Individual **\$280**

\$ \_\_\_\_\_  Attendant/family member **\$155/each**

Name of attendant/family member (for badge) \_\_\_\_\_

This is my first PHI conference, and I plan on attending the special pre-conference session at 3pm on Saturday.

**SINGLE-DAY REGISTRATION**

\$ \_\_\_\_\_ Individual **\$100/day**  Sunday  Monday  Tuesday

\$ \_\_\_\_\_ Attendant/family member **\$55/day**  Sunday  Monday  Tuesday

Name of attendant/family member (for badge) \_\_\_\_\_

\$ \_\_\_\_\_ Saturday Evening Dinner **\$65/person** Please choose: Pork \_\_\_\_\_ Chicken \_\_\_\_\_

(\$ \_\_\_\_\_) PHI Members at the Contributor level (\$100) or above are eligible for a discount of \$15 or \$5/day

\$ \_\_\_\_\_ **TOTAL DUE** (A late registration fee of \$30 or \$10/day will be assessed on forms received after May 1, 2014)

Cancellation Policy: 85% of the registration fee will be refunded if cancellation is made by written notice and received by PHI by May 1, 2014. The registration fee will not be refunded after May 1, 2014.

**PAYMENT METHOD**

Check or money order is enclosed (US dollars only; made payable to "Post-Polio Health International")

Credit Card:  VISA  MasterCard  Discover

Card Number \_\_\_\_\_

Name on Card \_\_\_\_\_ Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_

## Survey of Accessibility Needs and Preferences

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Because many people in our group have mobility problems, PHI will make every effort to accommodate everyone's accessibility needs. Please understand rooms will be assigned based on essential need, not solely on first come, first served. To help us in this task, we ask that you complete this brief survey regarding your accessibility needs and other preferences and return it with your registration form. *Note: If you have already completed this survey online, you may omit this form with your registration.*

### Hotel

- I'm fine with a standard room.
- I'm fine with a standard room, but need grab bars in the shower.
- I need an accessible room.
- I need an accessible room with a roll-in shower.

*In the event that an accessible room is unavailable, you may be asked to move to an adjacent hotel at a comparable rate.*

### Meals

- I have no special requirements.
- I need a vegetarian meal.
- I need a gluten-free meal.
- I need a nut-free meal.

### Parking

- I am driving and am able to use valet parking.
- I am driving, but my vehicle has modifications that do not allow for valet parking.

### Program

- I would like a digital version of the program booklet.
- I don't have a computer, I need a printed copy.

Please list any other special needs (i.e., interpreter, braille, etc.): \_\_\_\_\_