

POST-POLIO HEALTH 10th International Conference
INTERNATIONAL

Living with Polio in the 21st Century

April 23-25, 2009



Georgia Hall at
Roosevelt Warm Springs
Institute for Rehabilitation

Thursday, April 23, 2009, 1:00 pm
through Saturday, April 25, 2009 4:00 pm
(followed by a social event)

at **ROOSEVELT** Warm Springs, Georgia
WARM SPRINGS

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www.post-polio.org, www.roosevelt rehab.org

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Living with Polio in the 21st Century

April 23-25, 2009

at

ROOSEVELT
WARM SPRINGS

Steering Committee

Marny Eulberg, MD, St. Anthony's Family Medical Center West, Denver, Colorado
Joan L. Headley, Executive Director, Post-Polio Health International (PHI), St. Louis, Missouri
Carolyn Raville, Founder, North Central Florida Post-Polio Support Group, Ocala, Florida
Greg Schmieg, Executive Director, Roosevelt Warm Springs Institute
for Rehabilitation (RWSIR), Warm Springs, Georgia

Program Committee

John Abney, OTR/L, MPA, Therapy Services Director, RWSIR, Warm Springs, Georgia
Lawrence C. Becker, Fellow of Hollins University, Roanoke, Virginia
Brenda Butka, MD, Vanderbilt Stallworth Rehabilitation Hospital, Nashville, Tennessee
Amy Clunn, MD, Southeastern Rehabilitation Medicine, Ocala, Florida
Barbara Duryea, Director of Research and Development,
John P. Murtha Neuroscience and Pain Institute, Johnstown, Pennsylvania
Joan L. Headley, Executive Director, PHI, St. Louis, Missouri
Michael Shadix, Librarian, RWSIR, Warm Springs, Georgia
Daniel J. Wilson, Professor of History, Muhlenberg College, Allentown, Pennsylvania

Logistics Committee

Lawrence C. Becker, Fellow of Hollins University, Roanoke, Virginia
Buffy Mitchell, Director of Staff Education, RWSIR, Warm Springs, Georgia
Lisa Waddell, Conference Center Coordinator and Interim Director
of Volunteer Services, RWSIR, Warm Springs, Georgia

Public Relations Committee

Martin Harmon, Public Relations Coordinator, RWSIR, Warm Springs, Georgia
Gayla Hoffman, Gayla Hoffman Associates, St. Louis, Missouri
Bill Stothers, The Center for an Accessible Society, San Diego, California

Post-Polio Health International

Including International Ventilator Users Network

4207 Lindell Boulevard, #110, Saint Louis, MO 63108-2930 USA
314-534-0475, 314-534-5070 fax
info@post-polio.org, www.post-polio.org

Living with Polio in the 21st Century

Program / Thursday, April 23, 2009

Program as of March 21, 2009
Watch www.post-polio.org or www.rooseveltrehab.org for changes.

9:00 am – 6:15 pm

Registration in Georgia Hall

1:00–2:00 pm

SESSION T1 – OPENING PLENARY

Location & Legacy – Purpose & Possibilities

Representatives of Roosevelt Warm Springs Institute for Rehabilitation and Post-Polio Health International

2:30–3:45 pm

SESSION T2 OPTIONS

First Things First:

Understanding Poliomyelitis

John Fitzsimmons, Centers for Disease Control and Prevention, Atlanta, Georgia

Tools to Use in Evaluating Treatment Choices

Barbara Duryea, MSN, RN, CPHQ,
John P. Murtha Neuroscience and Pain Institute (JPMNPI), Johnstown, Pennsylvania

Polio: The Legacy of Warm Springs

Edith Powell, Ed.D, MT(ASCP)SBB,
Tuskegee University, Tuskegee Alabama
Naomi Rogers, PhD, Yale University,
New Haven, Connecticut
Daniel J. Wilson, PhD, Muhlenberg College,
Allentown, Pennsylvania

Modifying ADL Techniques to Accommodate New Weakness

Carolyn Podalski, OT
Peachtree City, Georgia



Inside Georgia Hall at RWSIR

4:15–5:30 pm

SESSION T3 OPTIONS

Demonstration and Discussion of a Post-Polio Examination: Sorting Out Secondary Conditions, Part 1

Frederick Maynard, MD, UP Rehabilitation Medical Associates, Marquette, Michigan
Brenda Butka, MD, Vanderbilt Stallworth Rehabilitation Hospital, Nashville, Tennessee
William DeMayo, MD, John P. Murtha Neuroscience and Pain Institute (JPMNPI), Johnstown, Pennsylvania
Martin Wice, MD, Medical Director, St. John's Mercy Rehabilitation Hospital, St. Louis, Missouri

Feel Good Food: Boosting Energy, Maintaining Weight

Kathryn Bussey, RD, RWSIR,
Warm Springs, Georgia

Meeting Other Users of Home Mechanical Ventilation

Moderator and Attendees

Finding and Disseminating Information through Support Groups

Moderator: Margaret Hinman, editor, Colorado Post-Polio Connections, Westminster, Colorado

Using the Internet

Barbara Gratzke, International Post-Polio Support Group, Miami, Florida

Developing Special Projects

David Holland, Post-Polio Awareness and Support Society of British Columbia (PPASS BC), Langley, British Columbia, Canada

Suggestions for Increasing Advocacy

Linda Priest, CTRS/L, Atlanta Post-Polio Association, Decatur, Georgia

Sharing Newsletters

Attendees

DINNER AND SESSION T4 OPTIONS

5:30–7:30 pm *Dinner*

6:15–8:30 pm *Sessions*

RWSIR's Chapel

6:15–7:15 pm; Repeat 7:30–8:30 pm

Your Mobility Device and Your Posture

Michelle Guevin, PT, MTC, Bay Area Physical Therapy, Bradenton, Florida

6:15–7:15 pm; Repeat 7:30–8:30 pm

Water Can Still Benefit Survivors

Mary Essert, BA, ATRIC, Conway, Arkansas
Cynthia Henley, PT, Miami, Florida
Kathryn Wollam, PT, Coral Springs, Florida

6:00–8:15 pm; Stop in anytime.

Yes, You Can Bowl

Rosanna Borders, CTRS, RWSIR, Warm Springs, Georgia

6:45–8:15 pm

Polio Narratives: Readings and Discussion of the Writing Process

Jacqueline Foertsch, PhD, University of North Texas, Denton, Texas

Joyce Tepley, LMSW, Dallas, Texas

6:15–7:15 pm; Repeat 7:30–8:30 pm

Learn About Acupuncture

Susan Harris, Lic Ac, Kingman, KS

6:15–7:15 pm; Repeat 7:30–8:30 pm

Yes, You Can Practice Yoga

Barbara Duryea, MSN, RN, CPHQ, John P. Murtha Neuroscience and Pain Institute (JPMNPI), Johnstown, Pennsylvania



Living with Polio in the 21st Century

Program / Friday, April 24, 2009

Program as of March 21, 2009
Watch www.post-polio.org or www.rooseveltrehab.org for changes.

8:30 am – 1:30 pm

Registration in Georgia Hall

8:30 am – 9:30 am

Continental Breakfast

9:30–10:45 am

SESSION F1 OPTIONS

Demonstration and Discussion of a Post-Polio Examination: Don't Forget Breathing, Part 2

Frederick Maynard, MD, UP Rehabilitation Medical Associates, Marquette, Michigan

Brenda Butka, MD, Vanderbilt Stallworth Rehabilitation Hospital, Nashville, Tennessee

William DeMayo, MD, John P. Murtha Neuroscience and Pain Institute (JPMNPI), Johnstown, Pennsylvania

Martin B. Wice, MD, St. John's Mercy Rehabilitation Hospital, St. Louis, Missouri

Warm Springs During the Epidemic Years: Not the Usual Story

David W. Rose, Archivist, March of Dimes, White Plains, New York

Michael Shadix, Librarian, RWSIR, Warm Springs, Georgia

Daniel J. Wilson, PhD, Muhlenberg College, Allentown, Pennsylvania

Demonstration and Discussion of a Bracing Evaluation

David P. Guy, PT, MS, Scottsdale, Arizona

Marmaduke Loke, CPO, Dynamic Bracing Solutions, Inc., San Diego, California

Mark Taylor, MLS, CPO, FAAOP, University of Michigan, Ann Arbor, Michigan

Research Progress

PHI Research Grant: Progress on a Biomarker for PPS

Rahnuma Wahid, PhD, Manager Analytical Immunology, Sanofi Pasteur, Swiftwater, Pennsylvania, formerly University of Arkansas for Medical Sciences, Little Rock, Arkansas

Summary of Post-Polio Research at University of Amsterdam

Frans Nollet, MD, PhD, Academic Medical Center, University of Amsterdam, Amsterdam, The Netherlands

Aging with a Disability: Policy Lessons Learned from Polio

Fernando Torres-Gil, Associate Dean for Academic Affairs at the School of Public Policy and Social Research, University of California, Los Angeles

11:30 am – 1:30 pm

Lunch On Your Own at the RWSIR Cafeteria

Vegetarian available. (Attendees will choose from

Session F2 or F3 and eat lunch during the other time slot.)

11:15 am – 12:30 pm

SESSION F2 OPTIONS

Finding Causes of and Managing Fatigue, Part 1

Frans Nollet, MD, PhD, Academic Medical Center, University of Amsterdam, Amsterdam, The Netherlands

Martin B. Wice, MD, St. John's Mercy Rehabilitation Hospital, St. Louis, Missouri

**Making the Tough Decisions:
Palliative Care and End-of-Life Decisions**

Lawrence C. Becker, Fellow, Hollins University,
Professor of Philosophy Emeritus, College of
William & Mary, Roanoke, Virginia

Fernando Torres-Gil, Associate Dean for Academic
Affairs at the School of Public Policy and Social
Research, University of California, Los Angeles

Anesthesia Update: Separating Fact from Fear

Selma H. Calmes, MD, (Ret), Olive View/UCLA
Medical Center, Sylmar, California

**Demonstration and Discussion
of a Seating Evaluation**

Rene James, PT, RWSIR, Warm Springs, Georgia
Trina Ouzts, PT, RWSIR, Warm Springs, Georgia

Benefits and Techniques of Aquatic Therapy

Cynthia Henley, PT, Miami, Florida
Kathryn Wollam, PT, Coral Springs, Florida

1:00–2:15pm

SESSION F3 OPTIONS

Current Epidemics: Status, Lessons and Tasks

John Fitzsimmons, Centers for Disease Control
and Prevention, Atlanta, Georgia
Ann Lee Hussey, Chair, Polio Survivors and Associates
Rotary Action Group, South Berwick, Maine

**Using Assistive Technology for
Personal Independence**

Samantha Massengale, OTR, RWSIR,
Warm Springs, Georgia

**Exercise: The Kinds, the
Methods and the Benefits**

Merete Bertelsen, PT, The Danish Society of Polio
and Accident Victims, Rodovre, Denmark
Frederick Maynard, MD, UP Rehabilitation Medical
Associates, Marquette, Michigan

**Cardiovascular Complications
and Prevention Tips**

Sunita Dodani, MD, MSc, PhD, FAHA, Director,
Center for Outcome Research and Education (CORE),
Associate Professor, Department of Internal Medicine,
Kansas University Medical Center, Kansas City, Kansas

**Communicating with Your Physician:
Techniques that Work**

William DeMayo, MD, John P. Murtha
Neuroscience and Pain Institute (JPMNPI),
Johnstown, Pennsylvania

Barbara Duryea, MSN, RN, CPHQ, John P. Murtha
Neuroscience and Pain Institute (JPMNPI),
Johnstown, Pennsylvania

William Stothers, The Center for an Accessible
Society, San Diego, California

2:45–4:00 pm

SESSION F4 OPTIONS

Finding Causes of and Managing Fatigue, Part 2

Frans Nollet, MD, PhD, Academic Medical Center,
University of Amsterdam, Amsterdam,
The Netherlands

Martin B. Wice, MD, St. John's Mercy Rehabilitation
Hospital, St. Louis, Missouri

**Effective Family Communication:
Do We? How Can We Improve?**

Annamarie Barber, RN, Polio Survivors & Friends
of East Central Illinois, Charleston, Illinois
Linda Bieniek, CEAP, LaGrange, Illinois

**Exercise and Activity: How Much and What?
Let's Get Practical**

Merete Bertelsen, PT, The Danish Society of Polio
and Accident Victims, Rodovre, Denmark
John G. Fan, MD, Hutchinson Clinic,
Hutchinson, Kansas

**Complementary and Alternative Medicine:
What You Don't Know Can Hurt You**

Barbara Duryea, MSN, RN, CPHQ, John P. Murtha
Neuroscience and Pain Institute (JPMNPI),
Johnstown, Pennsylvania

Assisted Living Communities for Survivors

Sue Burgess, Atlanta Regional Commission,
Atlanta, Georgia

4:30–6:30 pm

Story telling and pizza in Georgia Hall

7:00–9:00 pm

Film Night in Roosevelt Hall Auditorium
and Vocational Rehabilitation Unit Auditorium

Living with Polio in the 21st Century

Program / Saturday, April 25, 2009

Program as of March 21, 2009
Watch www.post-polio.org or www.roosevelt-rehab.org for changes.

8:30 am – 9:30 pm

Registration in Georgia Hall

8:30 am – 9:30 am

Continental Breakfast

9:30–10:45 am

SESSION S1 OPTIONS

First Step in Pain Treatment: Finding the Cause

Amy Clunn, MD, Southeastern Rehabilitation
Medicine, Ocala, Florida

William DeMayo, MD, John P. Murtha Neuroscience
and Pain Institute (JPMNPI), Johnstown, Pennsylvania

Paul Peach, MD, Palmyra Post-Polio Clinic,
Albany, Georgia

Dale C. Strasser, MD, Emory University School
of Medicine, Atlanta, Georgia

Research Progress

*Summary of Post-Polio Research at
Montreal Neurological Institute & Hospital*

Daria A. Trojan, MD, Montreal Neurological
Institute & Hospital, McGill University, Montreal,
Quebec, Canada

*Summary of Post-Polio Research at
Karolinska Institutet (1/2 hr)*

Prof. Kristian Borg, MD, PhD, Stockholm, Sweden

Bladder Inconveniences

Lise Kay, MD, *Urologist*, PTU – Landsforeningen af
Polio-, Trafik- og Ulykkesskadede, Rødovre, Denmark

The Secret to Good Attendant Care

Gene Spalding, BSEE, ATP, Warm Springs, Georgia

Report from the Camp Dreamers:

Review of the Wellness Retreat

Frederick Maynard, MD, UP Rehabilitation Medical
Associates, Marquette, Michigan

Sunny Roller, MA, Mary E. Switzer Distinguished
Research Fellow National Institute on Disability and
Rehabilitation Research, Ann Arbor, Michigan



The Quadrangle at RWSIR

11:15 am – 12:30 pm

SESSION S2 OPTIONS

Second Step in Pain Treatment: Choosing Therapies

Amy Clunn, MD, Southeastern Rehabilitation
Medicine, Ocala, Florida

William DeMayo, MD, John P. Murtha
Neuroscience and Pain Institute (JPMNPI),
Johnstown, Pennsylvania

Paul Peach, MD, Palmyra Post-Polio Clinic,
Albany, Georgia

Dale C. Strasser, MD, Emory University School
of Medicine, Atlanta, Georgia

Learning from Wise Elders

Sunny Roller, MA, Mary E. Switzer Distinguished
Research Fellow National Institute on Disability
and Rehabilitation Research, Ann Arbor, Michigan

Poly Pharmacy: Making it All Work

Kathy Wilson, RPH, RWSIR, Warm Springs, Georgia

Too Hot and Too Cold: Causes and Solutions

Carol Vandenakker, MD, University of California
Davis Health System, Davis, California

When are Trachs an Option?

Linda Bieniek, CEAP, LaGrange, Illinois
Brenda Butka, MD, Vanderbilt Stallworth
Rehabilitation Hospital, Nashville, Tennessee
Kristy McClellan, RT, Vanderbilt Stallworth
Rehabilitation Hospital, Nashville, Tennessee

11:30 am – 1:30 pm

Lunch On Your Own at the RWSIR Cafeteria
Vegetarian available. (Attendees will choose from
Session S2 or S3 and eat lunch during the other time slot.)

1:00–2:15 pm

SESSION S3 OPTIONS

Post-Polio Research: Progress, Possibilities and Problems

Prof. Kristian Borg, MD, PhD, Karolinska Institutet,
Stockholm, Sweden
Frans Nollet, MD, PhD, Academic Medical Center,
University of Amsterdam, Amsterdam,
The Netherlands
Daria A. Trojan, MD, Montreal Neurological Institute
& Hospital, McGill University, Montreal,
Quebec, Canada
Rahnuma Wahid, PhD, Manager Analytical
Immunology, Sanofi Pasteur, Swiftwater, Pennsylvania

Bracing: What's New? Is Old Better?

Moderator: Marny Eulberg, MD, St. Anthony's
Family Medical Center West, Denver, Colorado
Curt Kowalczyk, CO, Otto Bock HealthCare,
Minneapolis, Minnesota
Marmaduke Loke, CPO, Dynamic Bracing Solutions,
Inc., San Diego, California
Mark Taylor, MLS, CPO, FAAOP, University
of Michigan, Ann Arbor, Michigan

Exercise and Activity: How Much and What? Let's Get Practical

Merete Bertelsen, PT, The Danish Society of Polio
and Accident Victims, Rodovre, Denmark
John G. Fan, MD, Hutchinson Clinic,
Hutchinson, Kansas

Demystifying the Equipment of Assisted Breathing

Brenda Butka, MD, Vanderbilt Stallworth
Rehabilitation Hospital, Nashville, Tennessee
Kristy McClellan, RT, Vanderbilt Stallworth
Rehabilitation Hospital, Nashville, Tennessee
Betsy Thomason, BA, RRT, Millennium Respiratory
Services, Whippany, New Jersey

Accessible Housing for Aging Polio Survivors: Problems and Solutions

Maria Pellerin Barcus, Housing Partners of Florida,
Miami Beach, Florida

2:45–4:00 pm

SESSION S4 - Closing Plenary

Polio: A Look Back at the Public Health Crusade that Mobilized a Nation

David M. Oshinsky,
Jack S. Blanton
Chair in History,
University of Texas,
and Distinguished
Scholar in Residence,
New York University



David M. Oshinsky

5:30 pm

*Dinner and Entertainment
at Camp Dream*



Lodging / General Information

Lodging: General Information

About 95* of the expected 300-350 conference attendees will be able to stay in accommodations on the RWSIR campus. The remainder will be accommodated at nearby motels and resort hotels.

Of the 95 beds on the campus, 40 of them are being reserved on a first-come first-served basis for people who need to stay the closest to their rooms throughout the day, such as ventilator users or those who require frequent bed rest during the day. The other 55 beds are at Camp Dream on the RWSIR campus, where the preconference wellness retreat will be held. (The procedure for reserving these rooms will be explained in the forthcoming retreat registration form.)

As usual, we ask that people not request more in the way of accessible accommodations than is necessary for their safety and comfort. People who will be driving to the conference in their own cars, or renting a car for the duration of the conference, may wish to make their reservations at nearby conference motels. There will also be some shuttle service to and from those nearby motels.

All of the lodgings on the RWSIR campus are wheelchair accessible, with bathrooms suitable for people with mobility impairments. There are suites available for groups of 3 or 4 individuals.

The nearby motels and hotels that will be used for the conference are modern, but have only the limited numbers of accessible rooms required by the ADA. In addition, they might be able to supply, upon request, transfer benches and/or elevated toilet seats that improve the accessibility of standard hotel rooms.

Thanks to the availability of accessible rooms on the RWSIR campus, the situation is actually much better, overall, than what is available in a major conference hotel in a major US city.

*Note: Conference attendees who participate in the pre-conference Post-Polio Wellness Retreat (April 19-April 23) will stay at Camp Dream for the duration of the meeting. Accommodations not used by the Post-Polio Wellness Retreat will be made available to the *Living Well with Polio in the 21st Century* meeting.



Crepe Myrtle blooming at RWSIR

Lodging Choices:

Hotel reservations at these rates must be made before March 21, 2009.

Callaway Gardens Resort, 17800 US Highway 27, Pine Mountain, Georgia, is an elaborate, full-service mountain resort, with restaurants and recreational facilities. It is about 18-30 minutes driving time (14 miles from RWSIR). Conference attendees may reserve rooms in any of Callaway Gardens' many facilities, but the conference room rates apply only to the Mountain Creek Inn Guest Rooms.

The rate for two or more nights, single or double, is \$109 per night plus tax. The rate for one night only, single or double, is \$129 plus tax.

Reservations: 800-543-7121, or 706-663-2281 (Ask to speak with with Stacey Rice at ext. 5854.)

Lodging Choices, continued

Best Western White House Inn, 2526 White House Parkway, Warm Springs, Georgia, is only a 3-minute drive (1.8 miles) from RWSIR.

Approximately \$73 per night, plus tax for single or double.

Reservations: 706-655-2750 (Mention the Roosevelt Institute.)

Meriwether Country Inn, 5675 Spring Street, Highway 41, Warm Springs, Georgia, is only a 2-minute drive from RWSIR.

Approximately \$65 per night, plus tax for single or double.

Reservations: 706-655-9099
(Mention Post-Polio Conference.)

Days Inn of Manchester, 2546 Roosevelt Highway, Manchester, Georgia, 31816 is a 10-minute drive from RWSIR.

Approximately \$55 per night, plus tax for single or double.

Reservations: 706-846-1247
(Mention Post-Polio Conference.)

Roosevelt Warm Springs Institute for Rehabilitation, 6135 Roosevelt Highway (PO Box 1000) Warm Springs, Georgia, has rooms available in *Kress Hall & Builders Hall*, located adjacent to the Georgia Hall. Hotel-style rooms. \$45 per night if occupied by two people or more; \$40 per night if occupied by one person. Suites with accommodations for several people will not be reserved for one person.

Reservations: 706-655-5000

The walkways at RWSIR



RV Parks and Campsites

Ramsey Mobile Home and RV Park
5153 Whitehouse Parkway, Warm Springs, Georgia

Weekly Rates:

30 camp sites for 2 people; \$94.50 + tax

50 camp sites for 2 people; \$95.00 + tax

Nightly Rates:

30 camp sites for 2 people; \$17.00 + tax

50 camp sites for 2 people; \$18.00 + tax

Reservations: 706-655-2480

Pine Mountain Campground, 8804 Hamilton Road, Pine Mountain, Georgia (200 sites will be available; New area under construction)

\$45.00 per night – new area; \$34.20 per night – old area

Reservations: 706-663-4329

FDR State Park, 2970 GA Highway 190, Pine Mountain, Georgia (Facilities: 9,049 acres, 2 Lakes)

140 Tent, Trailer, RV Campsites (\$24)

www.georgiastateparks.org

Backcountry Campsites (\$5/person)

2 Group Camps (sleep 75 and 120, \$450-\$550)

Pioneer Campground (\$15 and up)

Reservations: 800-864-7275

Personal Assistance Services

MAXIM HEALTHCARE SERVICE, 2821 Warm Springs Road, Unit 2C, Columbus, Georgia, will provide attendant care during the meeting. Maxim's attendants are certified and the rate is \$16/hour. Arrangements for attendant care should be made before the conference.

Phone: 706-660-9100 Fax: 706-660-9889

Scooter Rental

Individuals needing to rent a scooter for the retreat and/or the conference should contact **Scotaround** at 888-441-7575 or rent online at www.scotaround.com/rentals/p/post-polio. The rate for the week is \$175.00.

All scooters will be delivered to Georgia Hall on April 18th and picked up on April 26th. Renters are responsible for charging the scooters. **NOTE NEW DEADLINE:**

RESERVATIONS MUST BE MADE BY APRIL 16, 2009.

Questions about lodging and your stay
at Roosevelt Warm Springs Institute
for Rehabilitation?

CALL 706-655-5000.

Travel to Roosevelt Warm Springs Institute for Rehabilitation

6391 Roosevelt Highway, Warm Springs, Georgia 31830

Two airports serve RWSIR:

Columbus Metropolitan Airport (CSG) in Columbus, Georgia is 35.7 miles away, with a driving time to RWSIR of approximately 53 minutes. It is a regional airport, served by one regional airline, Delta Connection.

Hartsfield-Jackson Atlanta International Airport (ATL) is beyond the southwest side of the city of Atlanta, 64 miles from RWSIR. The driving time is roughly 1 hour and 30 minutes, the first 34 miles of which is on I-85 South. The airport has the usual complement of limousine services and car rentals.

Transportation Options from Atlanta Airport

1) Reserve a seat on a minibus. The conference organizers will coordinate with **Cooper-Atlanta** to provide transportation in a minibus (seats up to 35 people). None of these vehicles is wheelchair accessible.
www.cooper-atlanta.com/index.asp;
info@cooper-atlanta.com; SMentus@cooper-atlanta.com;
770-455-9600; 770-454-7976 fax

Contact PHI (info@post-polio.org; 314-534-0475) if you are interested in reserving a seat on a Cooper-Atlanta minibus leaving the Atlanta airport on Wednesday, April 22 at 3:00 pm and 6:30 pm and returning on Sunday morning, April 26 at 8:00 am and 11:30 am. The fee will be approximately \$40 per person each way, assuming sufficient reservations. If there is a demand, more buses can be added.

2) Reserve a seat on a wheelchair or scooter accessible van. RWSIR will provide transportation in a wheelchair/scooter accessible van to and from the airport on Wednesday, April 22 at 3 pm and 6:30 pm, and returning on Sunday morning, April 26 at 8 am and 11:30 am. The fee will be approximately \$40 each way. Passengers will be given an invoice that can be paid at the information desk in Georgia Hall. (Attendants need not pay.) Reservations are required at least two weeks in advance. **Call 706-655-5000.**

NOTE: Please plan your arrival in Atlanta so as to leave adequate time to collect luggage and get to the pre-



Roosevelt Hall at RWSIR

arranged pickup point. The trip back to the airport on Sunday will take approximately 90 minutes, so leave adequate time to get through airport security.

3) Rent a car.

Car Rentals in Atlanta for Hartsfield-Jackson Atlanta International Airport

All car rental counters are located on the first floor within the Atrium.

Avis www.avis.com, 404-530-2725, valet delivery, hand controls available. Need to make reservations in advance for accommodations.

Budget www.budget.com, 404-530-3000, no valet, hand controls available, call Special Needs Department 888-221-1203. Cannot provide hand controls on every make or model of vehicle.

Dollar Rent A Car www.dollar.com, 866-434-2226, valet delivery, hand controls available. Call 800-800-3665 for driving aids and valet service information.

Enterprise www.enterprise.com/car_rental/home.doc, 404-763-5220, valet delivery, hand controls available. Call 800-325-8807, select "option 5"; two days advance notice required for assistive devices.

Hertz www.hertz.com, 404-530-2925, no valet, hand controls available. Need to make reservations in advance for accommodations.

National www.nationalcar.com, 404-530-2800, valet delivery, hand controls available. Must be requested in advance, call 888-273-5262.

continued, next page

Alamo www.alamo.com, 404-530-2800, valet delivery, hand controls available. Must be requested in advance, call 800-651-1223.

Thrifty www.thrifty.com, 770-996-2350, no valet, hand controls available, poor service.

4) Hire a car with a driver.



Cooper-Atlanta has a fleet of Lincoln town cars and Chevy suburbans with drivers.

None of these vehicles is wheelchair accessible.

www.cooper-atlanta.com/index.asp;

info@cooper-atlanta.com; SMentus@cooper-atlanta.com;

770-455-9600; 770-454-7976 fax

Contact Cooper-Atlanta (Stacey Mentus) directly to reserve such a vehicle (approximately \$250 each way).

5) Rent a wheelchair accessible van without a driver.

Wheelchair Getaways rents wheelchair accessible mini-vans and full-sized vans. www.wheelchairgetaways.com/franchise/georgia_atlanta/van_info.htm; georgia@wheelchairgetaways.com, 800-554-6893; 770-457-9851; 770-455-7451 fax

The minivan can take two wheelchairs because it allows the front passenger seat to be removed. The wheelchair users stay in their wheelchairs. In addition to the driver's seat, the bench seat across the back has three seat belts, but is more comfortable with just two people.

The full-sized van uses a lift rather than a ramp. It is more spacious than the minivan, but can only take one wheelchair because the front passenger seat cannot be removed. It also has a bench seat across the back. So this also is a five-passenger option, with one passenger in the wheelchair.

Contact Wheelchair Getaways directly to reserve a van. Rates are available online. (eg, 2-6 days \$109.00 per calendar day)

6) Hire a wheelchair accessible van with driver.

Cooper-Atlanta will provide wheelchair accessible vans with a driver. All these vehicles are rented by the hour, with a three-hour minimum for the Warm Springs transfer. www.cooper-atlanta.com/index.asp; info@cooper-atlanta.com; email SMentus@cooper-atlanta.com; 770-455-9600; 770-454-7976 fax

Two different models are available:

A Mini-Van with a ramp (more for manual wheelchairs). This one will hold two passengers and two chairs and the chauffeur.



A full-sized Van with a wider ramp (perfect for a power chair). This one also holds two passengers and two chairs.



Contact Cooper-Atlanta (Stacey Mentus) directly to reserve such a vehicle (\$90/hour with a 3 hour minimum with tax, gratuity and fuel, the total cost is 126.36/hour).

Contact PHI (info@post-polio.org; 314-534-0475) if you are interested in sharing a ride in one in a wheelchair accessible van with driver.

By car from Atlanta: Take I-85 south towards Montgomery, AL. Exit south at Exit 41 onto Highway 27A (Exit 41) and proceed south passing through Moreland, Luthersville and Greenville. Roosevelt Warm Springs Institute for Rehabilitation is on the right just before the City of Warm Springs.

By car from Columbus: Take Highway 27A (Manchester Expressway) northeast to Warm Springs. Proceed through the City of Warm Springs and turn left at the traffic light, continuing north on 27A. Roosevelt Warm Springs Institute for Rehabilitation is approximately 1/4 mile on the left.

**Post-Polio Health International
Including International Ventilator Users Network**

4207 Lindell Boulevard, #110
Saint Louis, MO 63108-2930 USA
314-534-0475, 314-534-5070 fax
info@post-polio.org, www.post-polio.org

PLEASE PRINT OUT AND MAIL OR FAX TO PHI:

REGISTRATION FORM

(Register by March 21, 2009)

10th International Conference

Living With Polio in the 21st Century

Thursday, April 23 thru Saturday, April 25, 2009

Name _____ Date _____

Institution/Organization (if applicable) _____

Address (Check one.) Home Business _____

City _____ State/Province _____

Zip/Postal Code _____ Country _____

Email _____

Phone (Check one.) Home Business _____ Fax _____

PHI Member ID Number (if known) _____

For program accessibility, list special needs (i.e. interpreter, braille, etc.): _____

FULL REGISTRATION

- Individual with disability:
- Individual with disability & one attendant/family:
Name of attendant/family member (for badge): _____

	Prior to March 21	After March 21
Individual with disability:	\$120	\$135
Individual with disability & one attendant/family: Name of attendant/family member (for badge): _____	\$180 (\$60 for each additional attendant)	\$195

- Health Professional:

Health Professional:	\$180	\$210
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*FULL REGISTRATION includes Continental breakfast on Friday and Saturday, and evening meals on Thursday, Friday and Saturday.

SINGLE-DAY REGISTRATION**

Individual with disability: Thursday Friday Saturday

Individual with disability:	\$40/day \$ _____	\$45/day \$ _____
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Individual with disability & one attendant/family:

Thursday Friday Saturday

Individual with disability & one attendant/family:	\$60/day \$ _____	\$65/day \$ _____
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Name of attendant/family member (for badge): _____

Health Professional: Thursday Friday Saturday

Health Professional:	\$60/day \$ _____	\$70/day \$ _____
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** SINGLE DAY REGISTRATION includes a Continental breakfast, except on Thursday, and the evening meal.

Cancellation: 85% of the registration fee will be refunded if cancellation is made by written notice and received by PHI before March 21, 2009. The registration fee cannot be refunded after March 21, 2009.

Minus discount for PHI Contributor or Sustainer Members (\$100+): (-\$5/day or -\$15 for full registration)

Registration Total: \$ _____

PAYMENT OF FEES: Check or Money Order enclosed (US dollars only; payable to "Post-Polio Health International")

Credit Card: VISA MasterCard Discover Card Number _____

Name on Card (please print) _____ Expiration Date _____

Signature _____

FOR OFFICE USE ONLY: C	MO CC	PD	PR
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RWSIR/PHI Post-Polio Conference History

Past Post-Polio Conferences held at Roosevelt Warm Springs Institute for Rehabilitation

2000 – May 19-20

Post-Polio Syndrome: Identifying Best Practices in Diagnosis & Care, Warm Springs, Georgia.

1986 – September 5-7

Second Research Symposium on the Late Effects of Poliomyelitis, Warm Springs, Georgia.

1984 – May 25-27

First Research Symposium on the Late Effects of Poliomyelitis, Warm Springs, Georgia.

Past Post-Polio Conferences Coordinated by Post-Polio Health International

2005 – June 2-4

Ninth International Conference on Post-Polio Health and Ventilator-Assisted Living:
STRATEGIES FOR LIVING WELL, Saint Louis, Missouri.

2000 – June 8-10

Eighth International Post-Polio & Independent Living Conference, Saint Louis, Missouri.

1997 – May 29-31

Seventh International Post-Polio & Independent Living Conference, Saint Louis, Missouri.

1994 – June 16-19

Sixth International Post-Polio & Independent Living Conference, Saint Louis, Missouri.

1989 – May 31- June 4

Fifth International Polio & Independent Living Conference, Saint Louis, Missouri.

1987 – June 4-7

Fourth International Polio & Independent Living Conference, Saint Louis, Missouri.

1985 – May 10-12

Third International Polio & Independent Living Conference, Saint Louis, Missouri.

1983 – May 6-8

Second International Post-Polio Conference and Symposium on Living Independently with Severe Disability, Saint Louis, Missouri.

1981 – October 14-16

“What Ever Happened to the Polio Patient?,” Chicago, Illinois.

Proceedings from the 1981, 1983 and 1985 are now online in the
“About PHI/History of PHI” section of www.post-polio.org.



POST-POLIO HEALTH INTERNATIONAL
INCLUDING INTERNATIONAL VENTILATOR USERS NETWORK

ROOSEVELT
WARM SPRINGS